



# LEARN TO DRAW

THROUGH PRACTICE

by  
*N*ASTASIA  
BERRY



# AWESOME BOOK SUPPORTERS

Thank you so much  
for making this book possible!



LEVEL 4 | PHILANTHROPIST

Samantha T.

Zuzu's Orbit 🌻❤️

Only because of the support of my **LOVELY  
AMAZING GLORIOUS PATRONS & DEVIANTART SUPPORTERS**  
I was able to spend **several months** on this book creation! OwO

I can never describe fully **how grateful I am  
to each of you** for this opportunity! TTWTT





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Thank you so much  
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2050  
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Alena Zubrevich  
ALI  
Alynn Skull  
Angel  
AnnaM  
Arkman  
Astrid Embers  
Atelier In Silva  
Atelier Mimi  
B-Berry/Morax  
Bee  
CallMeAsh  
Caro  
cellie smith  
Chantelle  
Cyriel  
Dee  
Denise  
DMonty  
DragonFrog  
Drakenite.art  
Eleonn  
Eliza Jameson  
Eloise  
Eren Arvidsson  
EverBlazeBonfire  
Feline.Foliage  
FlintLockSmith41  
Frank Hooper  
ghost  
Heather Coyner  
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Jérémy De Pain  
Janine Rea  
Jayden White  
Jess  
Jessica Nova  
Jessica Swanson  
Kadian Nichols  
kaleeg\_  
Karlos Eduardo  
Kat Jett  
Kirsten de Kieft

KISSANKALLO  
Lila  
Lily Cyberus  
Lolly  
Lumiel  
Maddein  
maggie tina  
Malachite Yesterday  
Manda Rabbit  
Meg Sutton  
Midnight Alchemist  
Minx  
Morten.H  
MysteriousHuntress  
Nikki  
Nikki Stixx  
Nina Nedvědová  
NocturneEmbrace  
Nubia  
Omar Lopez  
Paige Emily  
Paulina Tymchuk  
Phrike  
PixelKitty  
Rhiley Ender  
Richard Boer  
Sammi shaw  
SangKoi  
Selkie Chiron  
shorkuterie  
Sinister Senu  
Sky Carver  
Slythy  
Sydney  
tenaciousdeer  
The cheese man  
The Meggles Art  
Tira\_Nightshade  
Toga  
Tyler Kaether  
Vallenera A  
Varavien  
Victoria Sewel  
Xane  
Zetheous  
Zobiwan Kenobi



## LEVEL 2 | ALCHEMIST

SundropKitsune Official  
;It's\_Just\_Bagpipes!  
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Achlys  
aerowyn  
Aila Butcher  
AkiBunnæcēs  
Alyssa Dale  
Alyssa Finn  
Alyx Taylor  
Annie Pallo  
Anthony  
artfullysinful  
Ashbunn  
Asher Stearns-Olch  
AvaZope  
Bartosz Pepliński  
Basia  
Bee  
BooltzLoki  
Brea Mayers  
Briana  
bubbles heller  
Céline Reinle  
Caitlin Mcivor  
Caressachu  
Cass  
Catherine Alexander  
Chandra Lanz  
Charlie Hindle  
Chelsea Harper  
Chibi Mushroom (Mahasu)  
Chrissie Makara  
clara formatti  
Con  
CosmicTwilight Art  
DemiBirdDoes  
DestanOfTheShadows  
DoodleRat  
DWrites  
Riley 🐾  
Eva  
Evelyn Mead  
Faith Forrest  
Felicikitty  
Fooz Mcfuzz  
Giselle  
Hachikothewolf  
Hannah Delekta  
howlite

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Jessica  
jiplin  
Joeman817  
Joonie Berry  
Kaeilia  
Karsyn Hutchinson  
Katie Budabin  
Katie Mae  
Keenan Coughlin  
kin wooo  
Lavender  
Lesami Gonzalez  
LollyBeau  
Madaline  
Majenta Lucier  
Marta  
Melita Germaine  
Michelle  
micotrash  
MissSlugma  
Patrycja  
porceyshire  
RadioStaticGore  
Ree  
Saiko  
Sara Meredith  
Shanna Flores  
Shany Nisim  
Soul Surgeon  
Spooky Racoon  
Stevie M  
Symulacrum  
Tammy Sparks  
TeaBear  
Tegan Dickson  
Tess Chargo  
ThePaleDragon  
trippydooda  
Tygrarwen  
Vendy  
vicki mckenzie  
Viisku  
Vivid  
Wren  
Yazzy Ramos  
Yusuchine



## LEVEL 1 | STARGAZER

AbsolutelyCaleb  
adi spicher  
Aggravated Hobo  
Alpha Maia  
Anna Kirkland  
Ark  
BlackRose  
Brittney Azbell  
Buffer Gamer  
Candace  
carolina perez  
Christina Johnston  
Connie  
Courtney Scott  
Crackhead.epy  
Devil ish  
Dewi Neijs  
Elisabet Kendall  
Elviraknowsital  
Gezo  
Hannah Hopkins  
Heber Morales  
heyzella  
inspectordom  
Jessica Linnington  
John Smith  
JonnieBelle  
JudyB  
June Addams Burton  
Juniper Padula  
Kari S  
KELLY SANTIBAÑEZ  
kodiboz  
krystal balleza  
Kylea Myers  
Lakota Teague  
Laura Andersson  
Leah Adams  
Lisa Katzeff

Maevyn Paige  
Manuela Serra  
Megan Berk  
MementosOfMori  
MonsterOfThe13th  
Moon Maker  
Nadja Cade  
Naxylo  
Nekr0Tech  
Pao Wilson  
PudgieBudgie  
Rachel Reading  
Rory Brown  
SchneeAmsel  
Scorpion1997  
Shelby Carson  
Smokeygraypaws  
Soundlessfern  
Spheres  
Sternen\_Wandler  
Tae  
Tess Jackson  
TheKindestHusky  
xMax Hax  
Yosbe Cr  
Zherin



# HOW TO DRAW

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# MEET THE ARTIST

Hi!  
My name is  
Anastasia Berry!

I love drawing  
fantasy characters!

And believe  
that you can mix  
cute and dark stuff together!

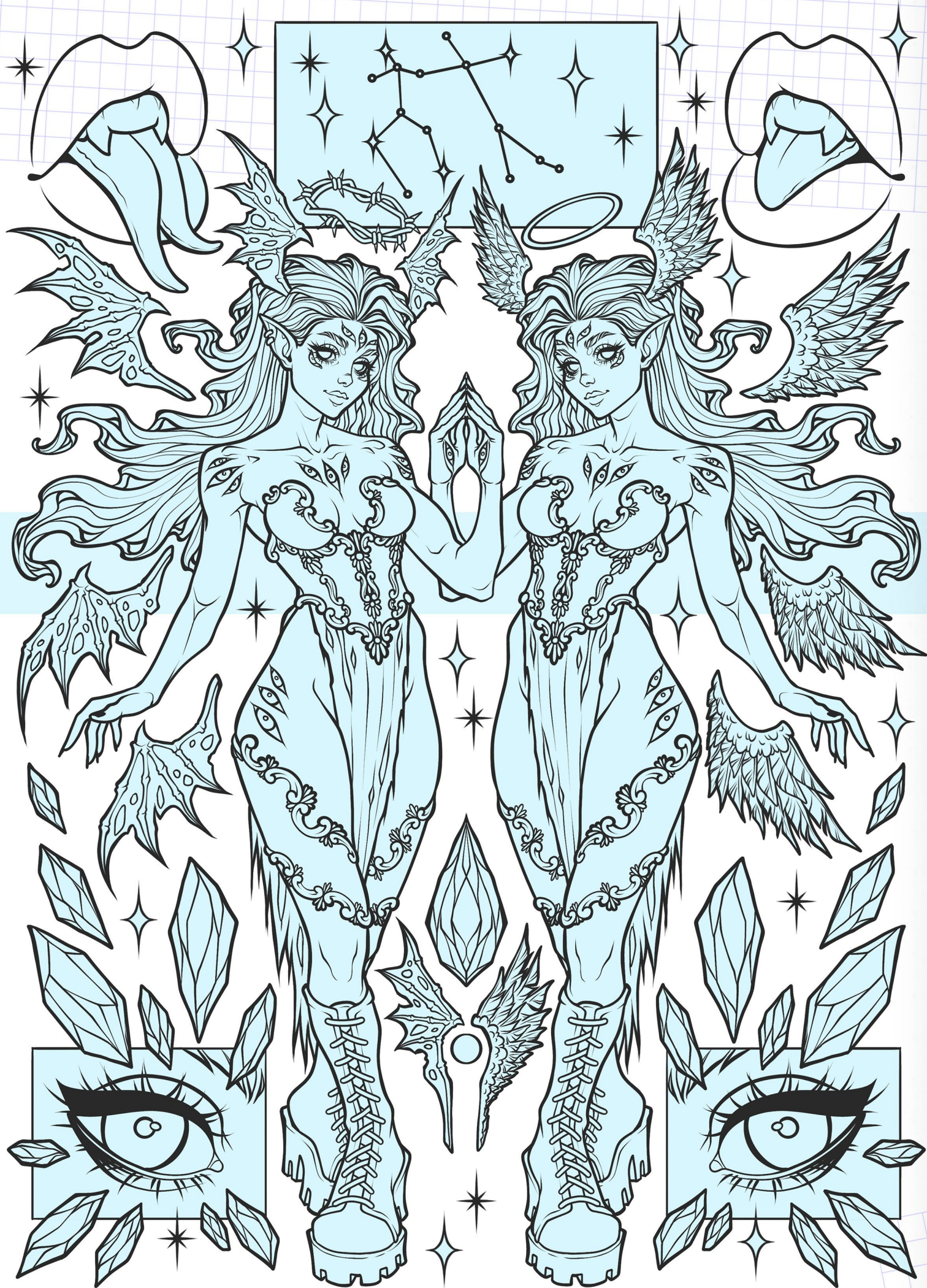


I made this book  
to simplify  
the **basic fundamentals**  
and turn them  
into something  
you can actually practice!

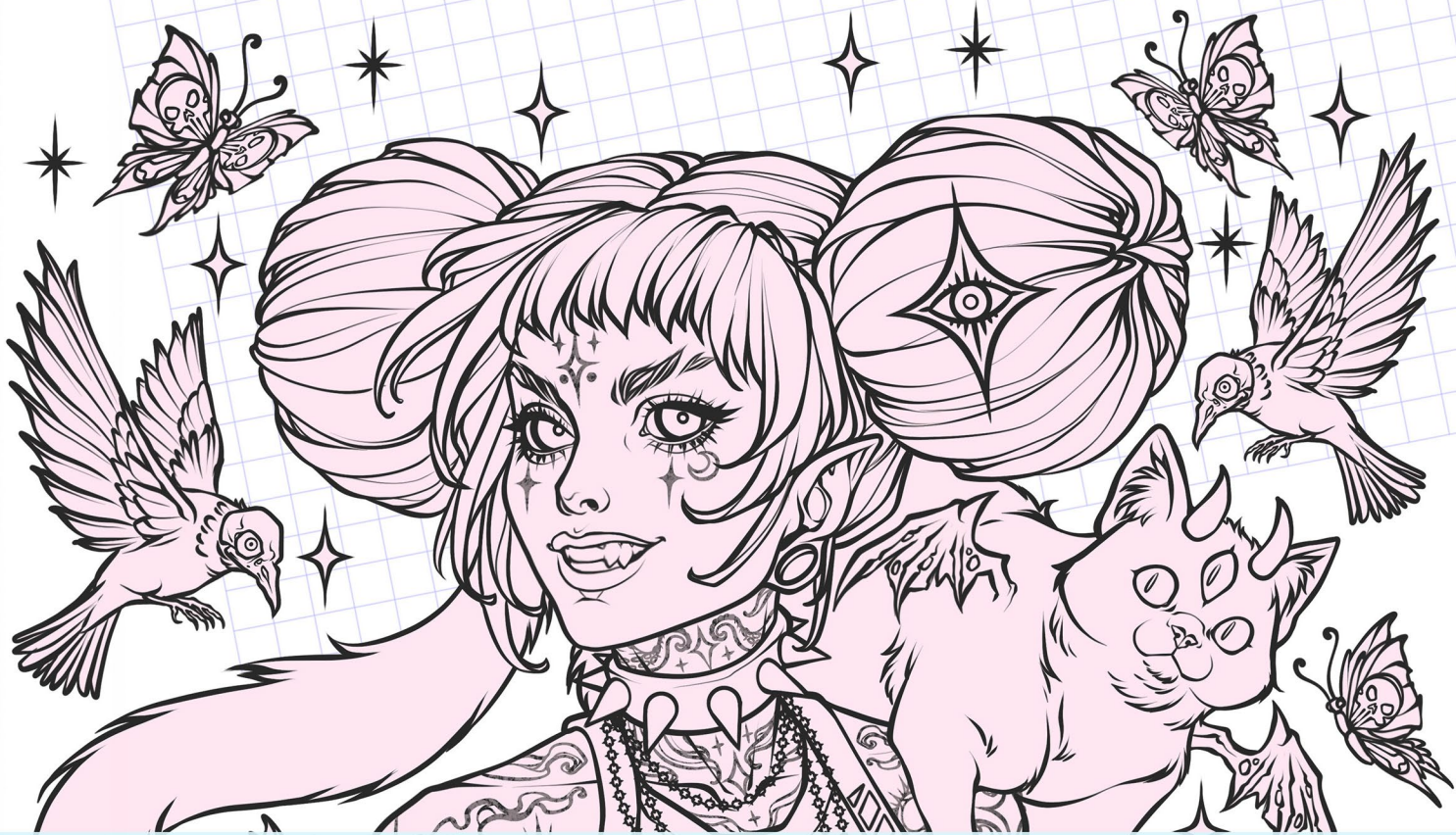
Hope this book  
will help you draw  
and understand art  
at least a little bit better!



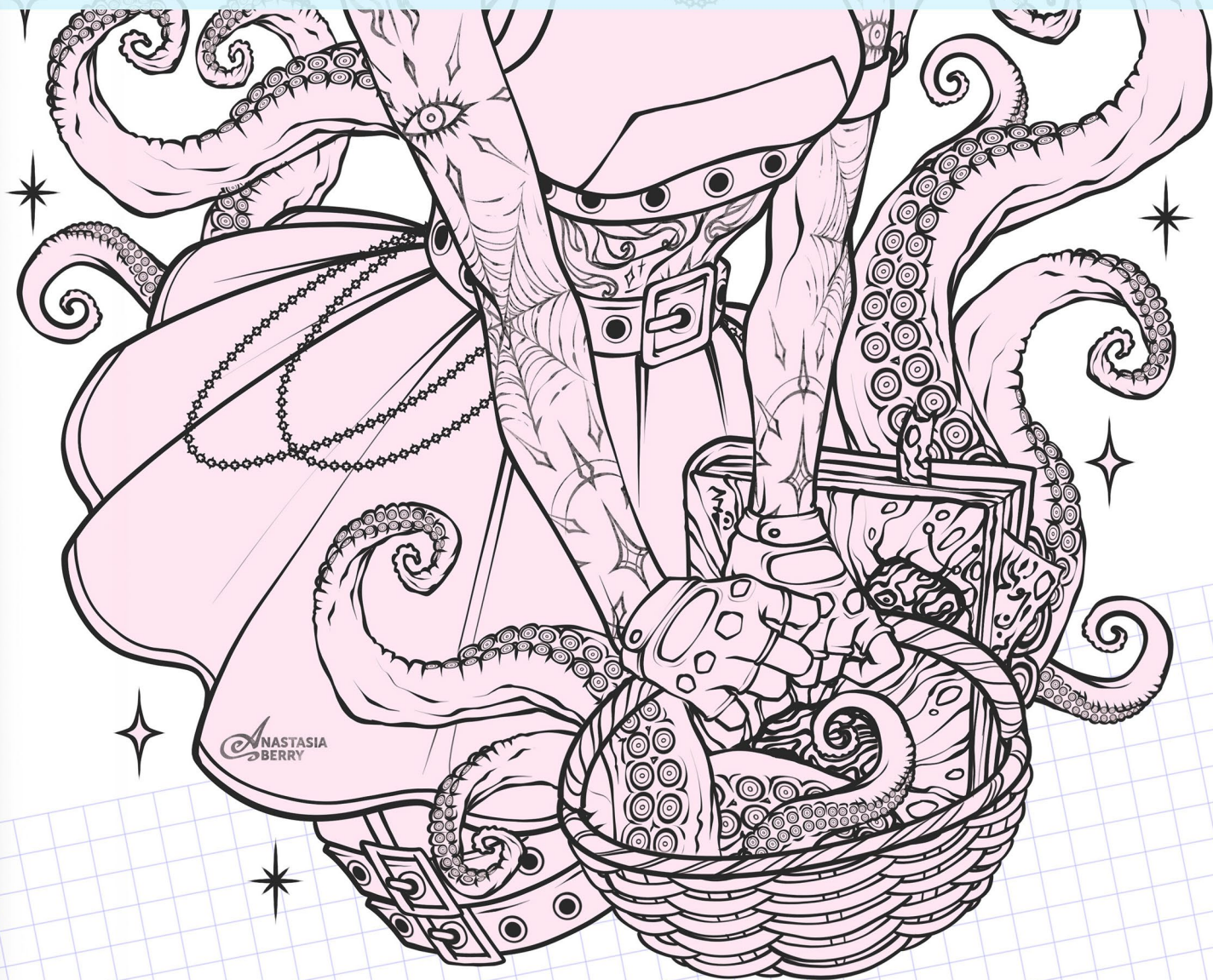








**LINES**





# HOW TO DRAW

## LINES

by  
 NASTASIA  
BERRY

Any drawing starts with the **line**!

And lines are all about **practice**.  
The **more** you do it - the **better** you get.

### LINES CAN LOOK DIFFERENTLY:



STROKES



CURVES



WAVES



HATCHING

### CATEGORIZED BY PRESSURE:



LIGHT



HEAVY



VARIABLE



The **core things** you should remember about lines:



**Relax!**



Draw lines with a **light hand** and **fast**.



**One line - one movement** of the hand.



The **harder** you **press** - the **thicker** the line (usually).

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# LINES

by  
 NASTASIA  
BERRY

After you master **fast sketchy lines**, and train the precision, you'll be able to move to the **slower, more line art drawings**.

Use **single straight lines**.  
It will help you control  
your lines better.



Avoid  
**chicken scratches**.



Drawing strokes  
**fast and light** will help  
to create **smooth lines**.



**Slow hand movement**,  
while pressing on the  
pen hard, will create  
**shaky lines**.



Small steps.  
Low expectations.  
Very low expectations.  
Very very low expectations.  
Be kind to yourself.

Using lines you can draw **different shapes...**

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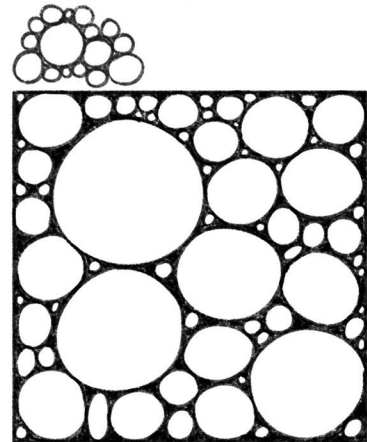
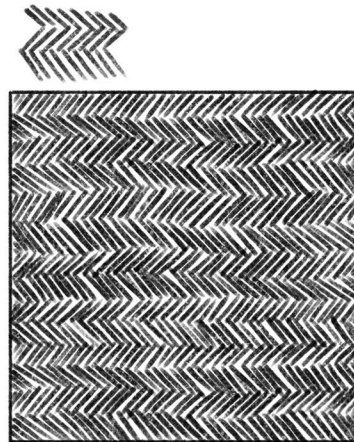
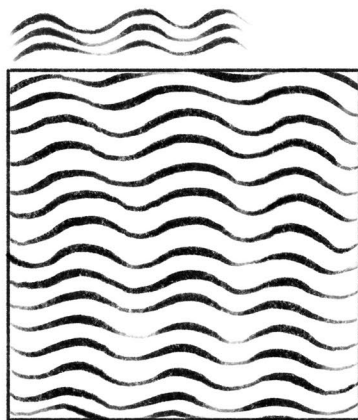
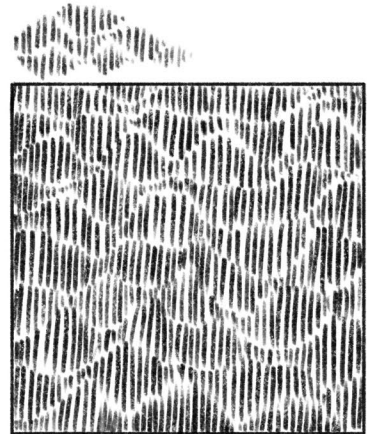
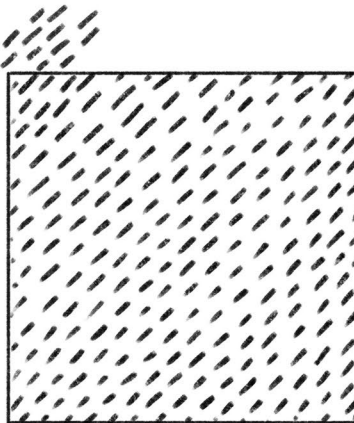
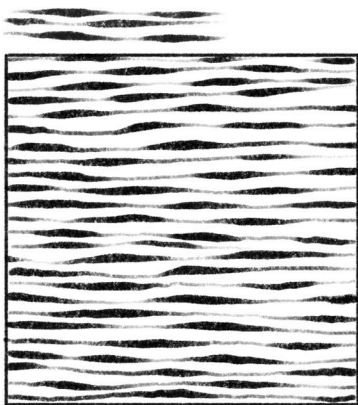
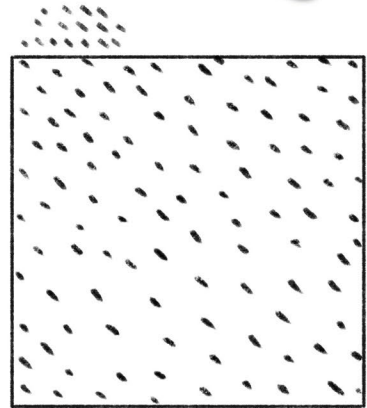
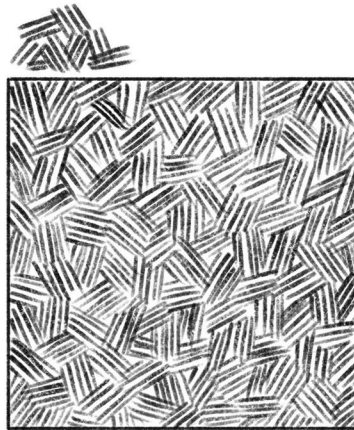
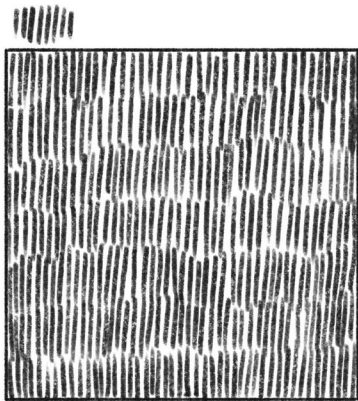


# TIME TO PRACTICE

## LINES

by  
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BERRY

Here are some **textures** you can draw to train your **line control**!  
It's easy and pretty satisfying.



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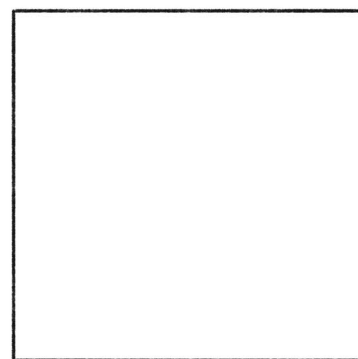
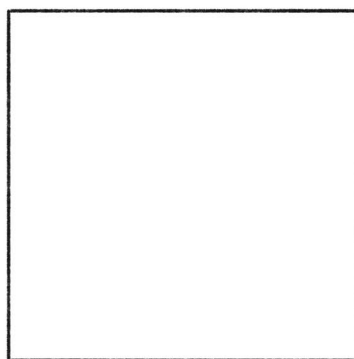
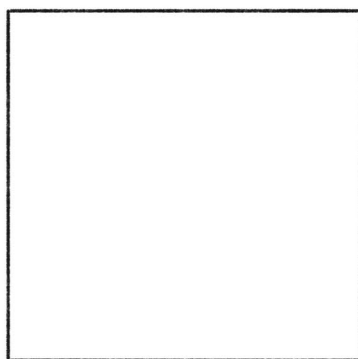
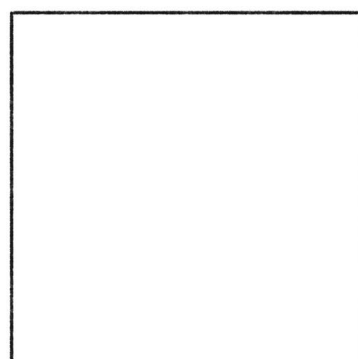
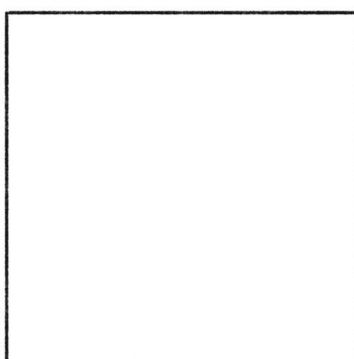
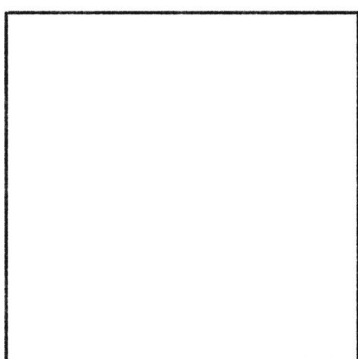
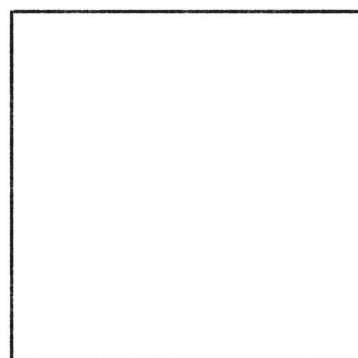
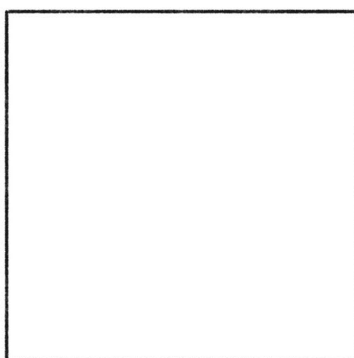
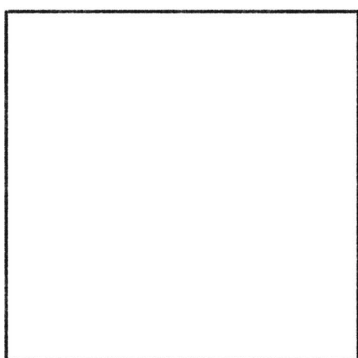




# LINES

by  
*A* NASTASIA  
BERRY

So try it out yourself!

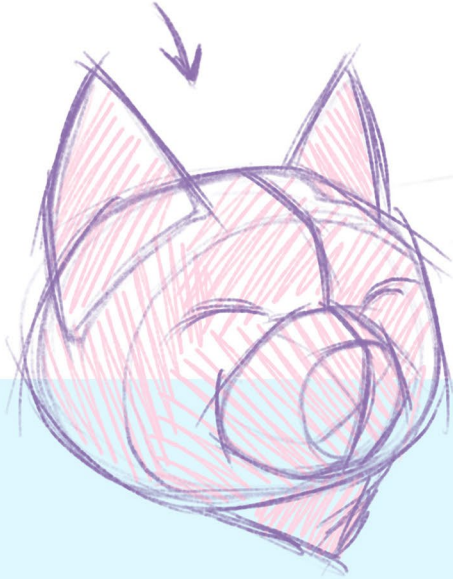


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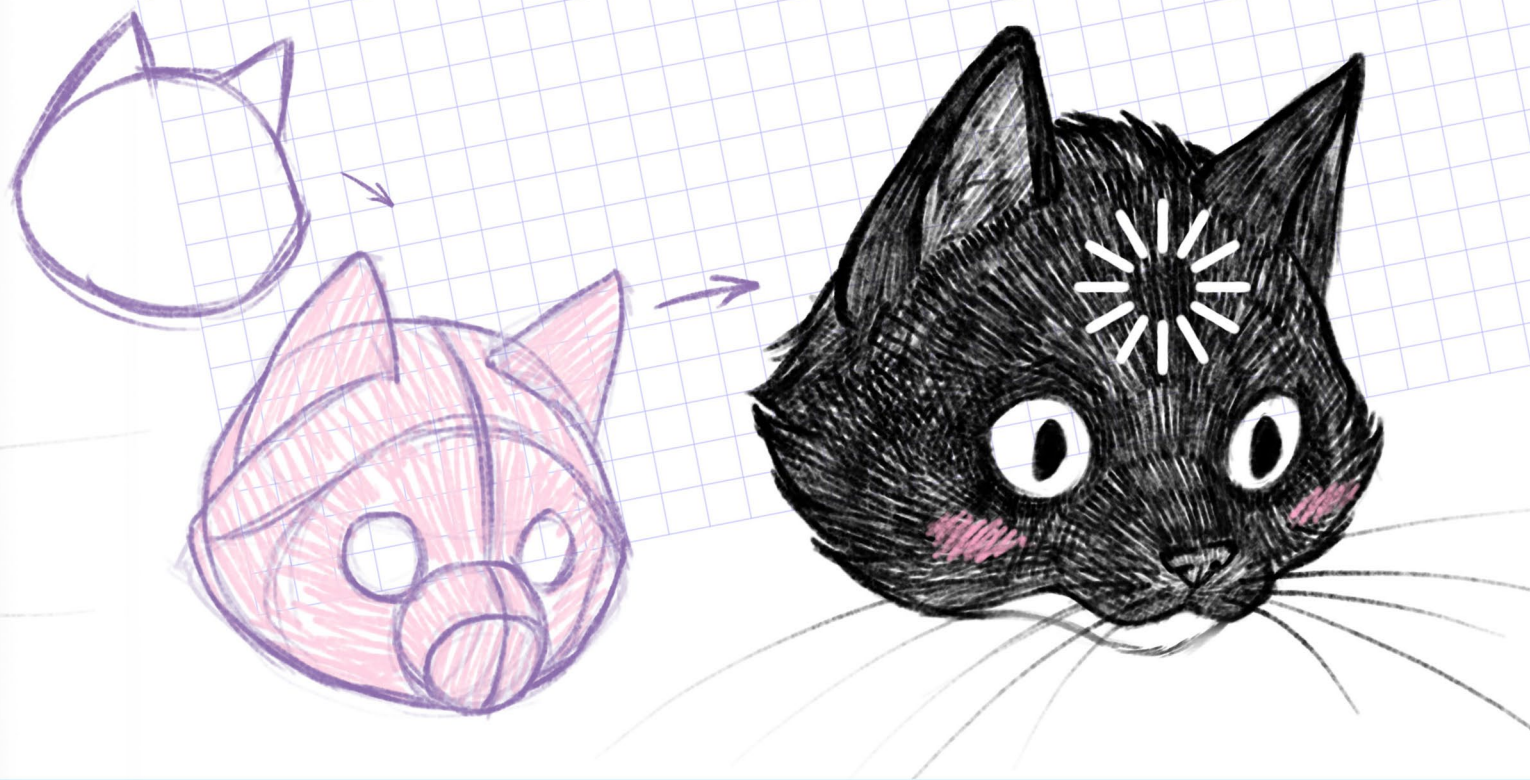
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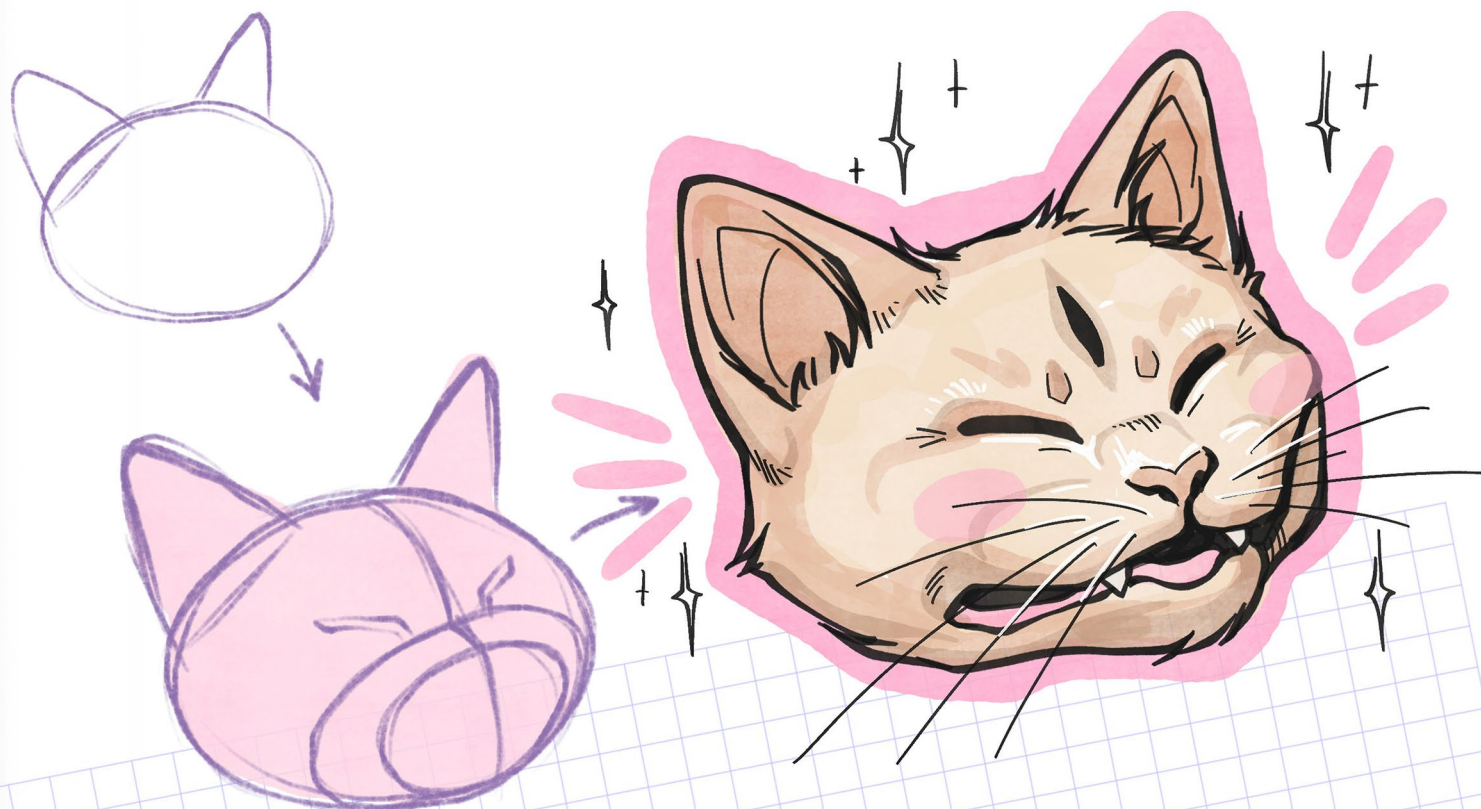








## SHAPES & FORMS





# HOW TO DRAW

# SHAPES & FORMS

by  
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BERRY

If you want to be able to **draw EVERYTHING** you're gonna need to learn just one thing.  
**SHAPES.**

Because everything in this world can be simplified to simple shapes! And drawing a **bunch of circles** and triangulars is much easier than the **whole cat** at once!



CAT  
made out of  
circles



CAT



CAT  
made out of  
cat outline



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# SHAPES & FORMS

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There are two types of shapes:  
**Organic** and **Geometrical**.

## SHAPES

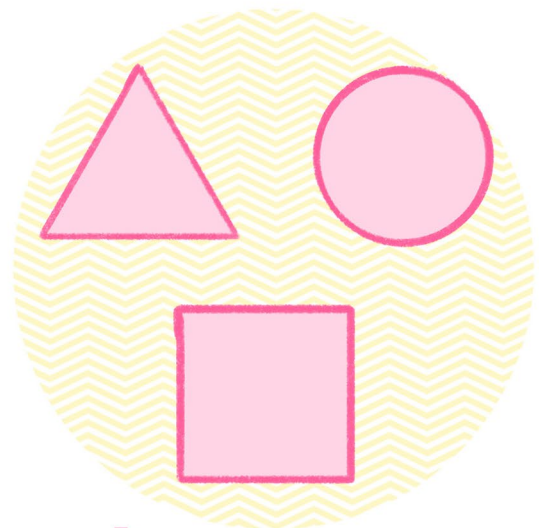
### ORGANIC



wobbly and weird

Organic shapes are very wobbly and weird.  
Here you can say something like, "this thing is in the **shape of a cat** or a **banana**".  
They are more **complicated** and **harder to draw**.

### GEOMETRICAL



simple and clear

That is why we, as artists, start with geometrical shapes.  
They are **universal** and **easy** to understand.



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# HOW TO DRAW

# SHAPES & FORMS

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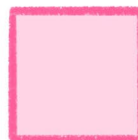
But the thing is, shapes belong to the 2D world.  
And we live in a 3D Universe.

So in order to make these applicable to our world, we combine several shapes  
together and create **FORMS**.



**SHAPES** are 2D  
**FORMS** are 3D

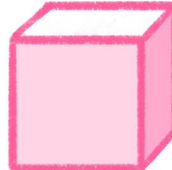
## SHAPES



We combine 2D  
**triangular** and **circle**  
and get a **3D cone**

## FORMS

We combine  
several **squares**  
and get a **3D box**



There are several basic forms which are the most helpful for drawing:  
Sphere, Cylinder and Box.

Using and combining these forms you can draw **EVERYTHING!**

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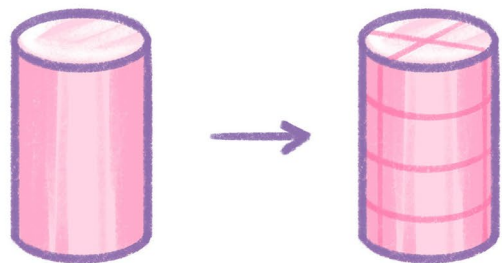
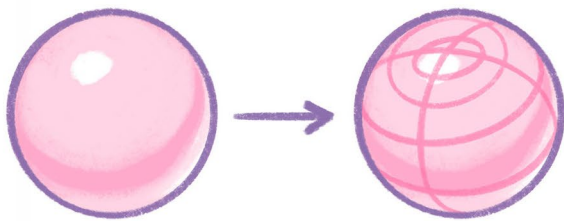
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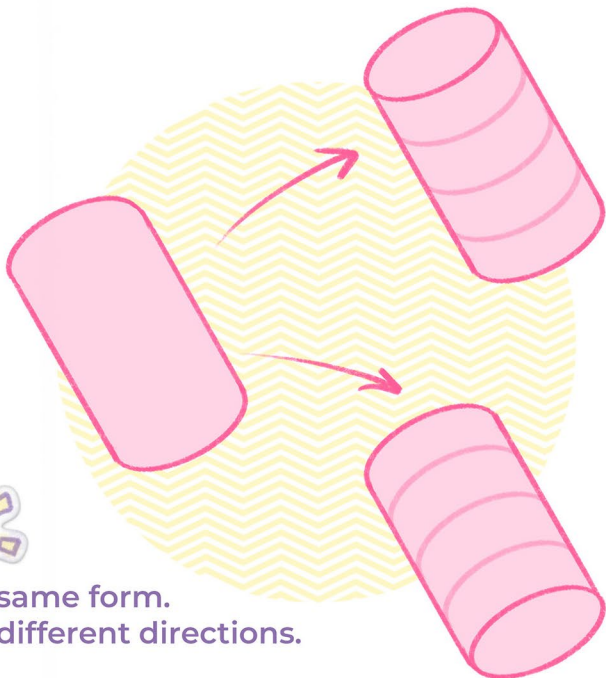
## WRAPPING LINES

To help us understand the form better and show that it is totally 3D we use **wrapping lines**.

These are lines that “**wrap**” around the form and show its **volume**.



lines “**wrap**”  
around the form  
and show its **volume**



same form.  
different directions.

Using **wrapping lines** we can also  
show the **direction** of the form.

And understand the **perspective**.



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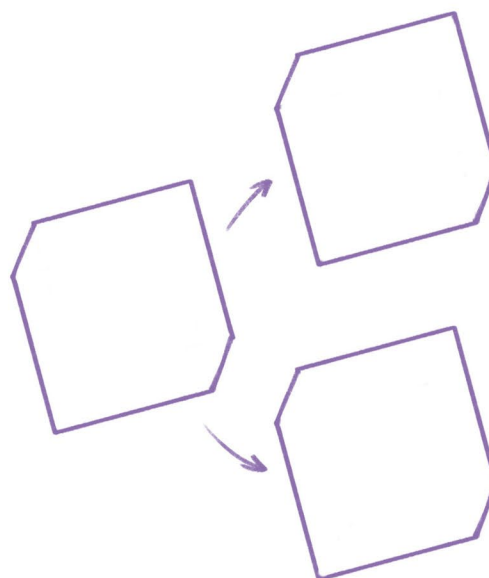
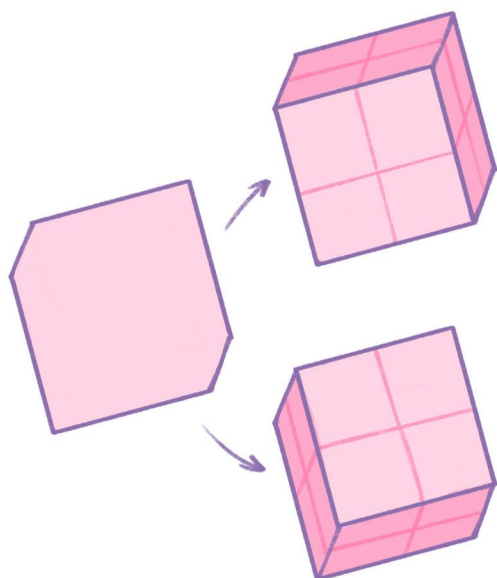
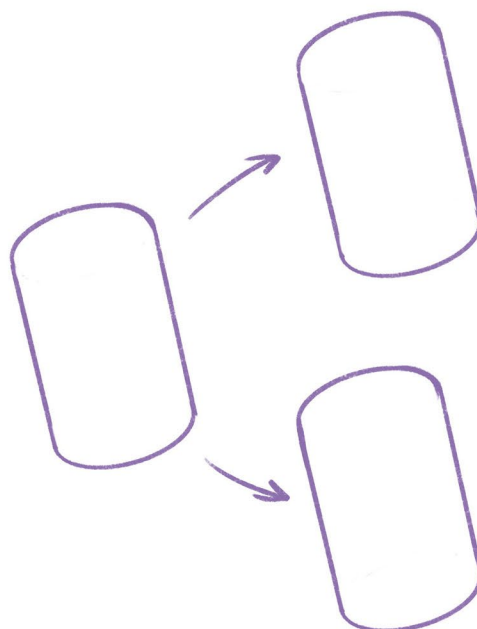
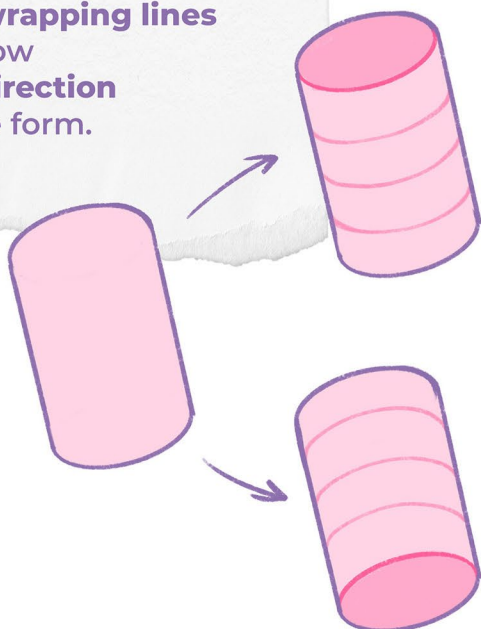


# TIME TO PRACTICE

## SHAPES & FORMS

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Use **wrapping lines**  
to show  
the **direction**  
of the form.



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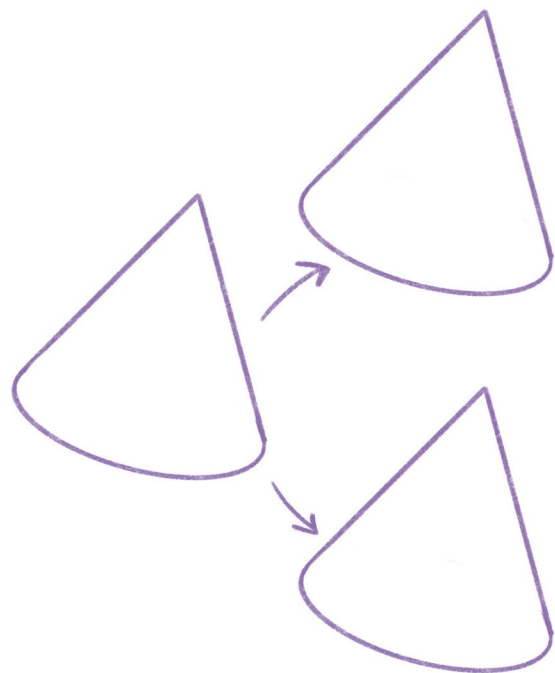
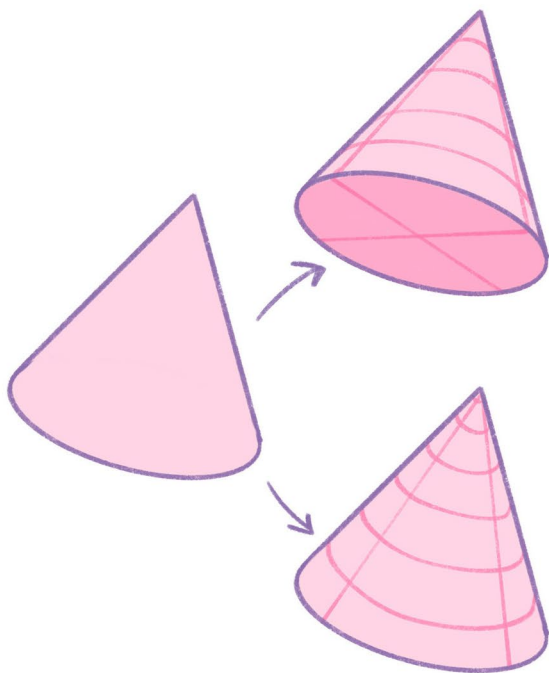
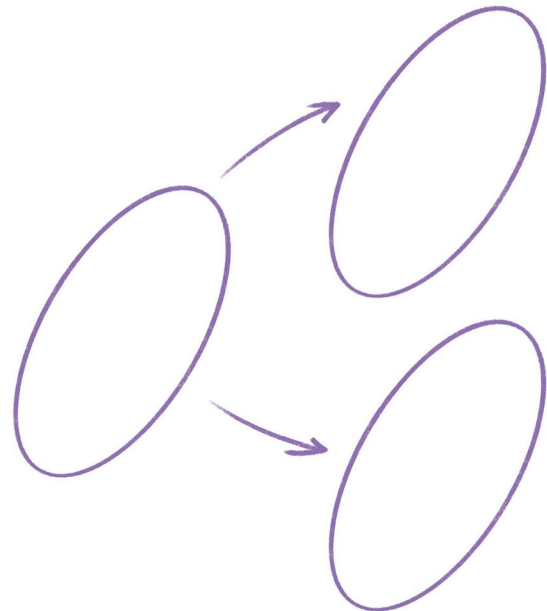
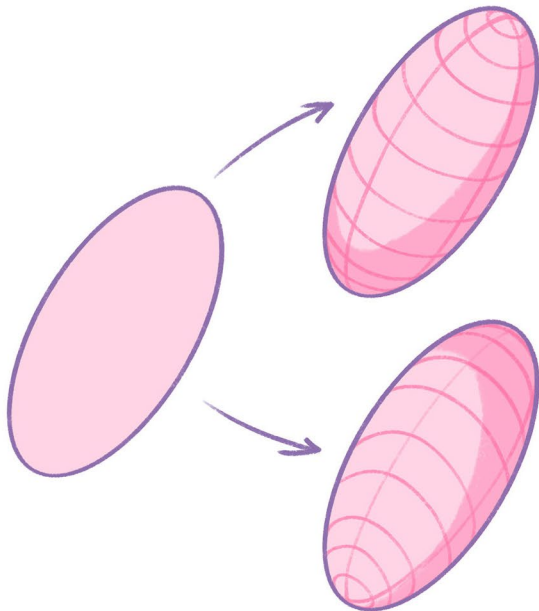
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# SHAPES & FORMS

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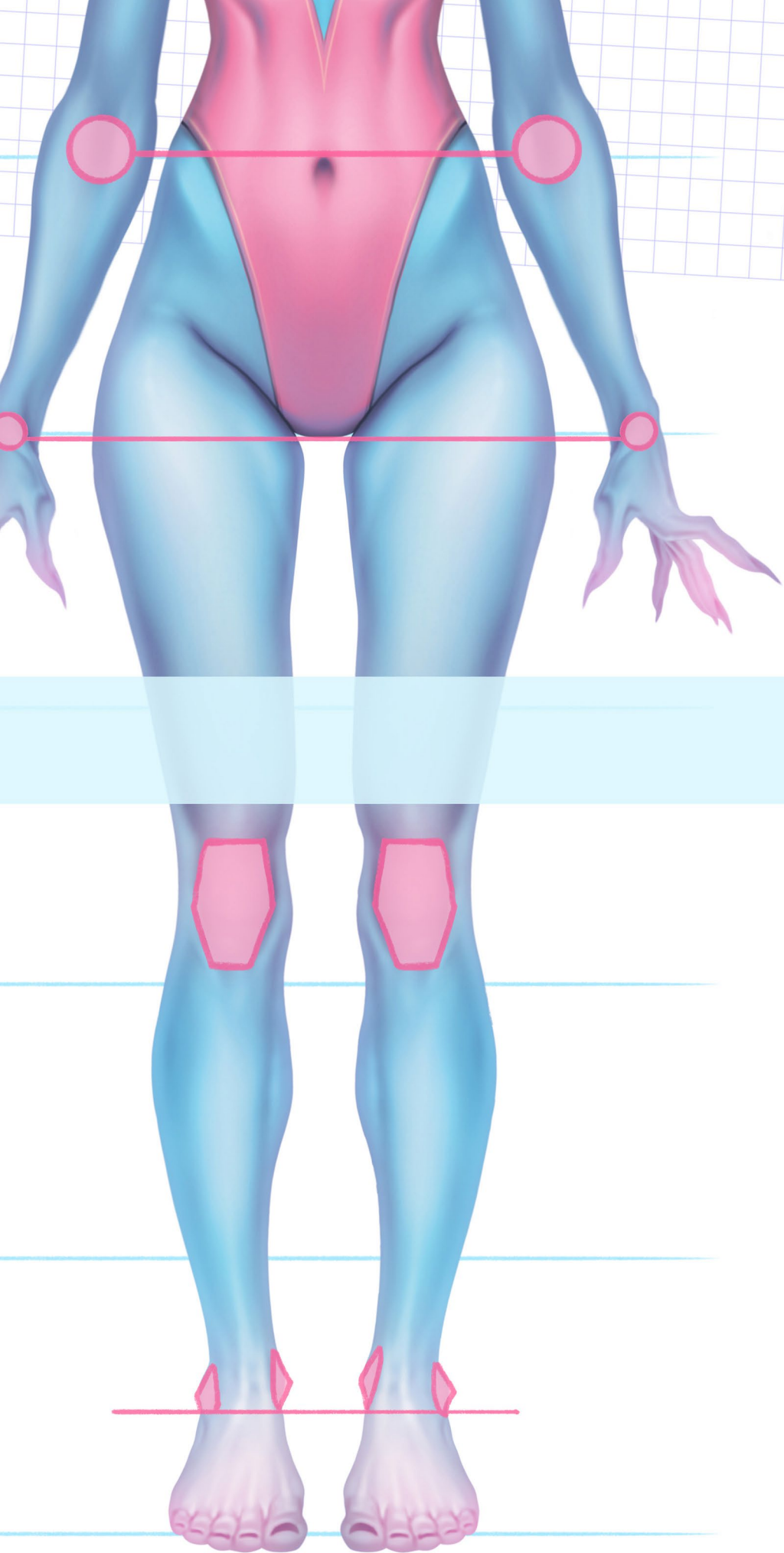


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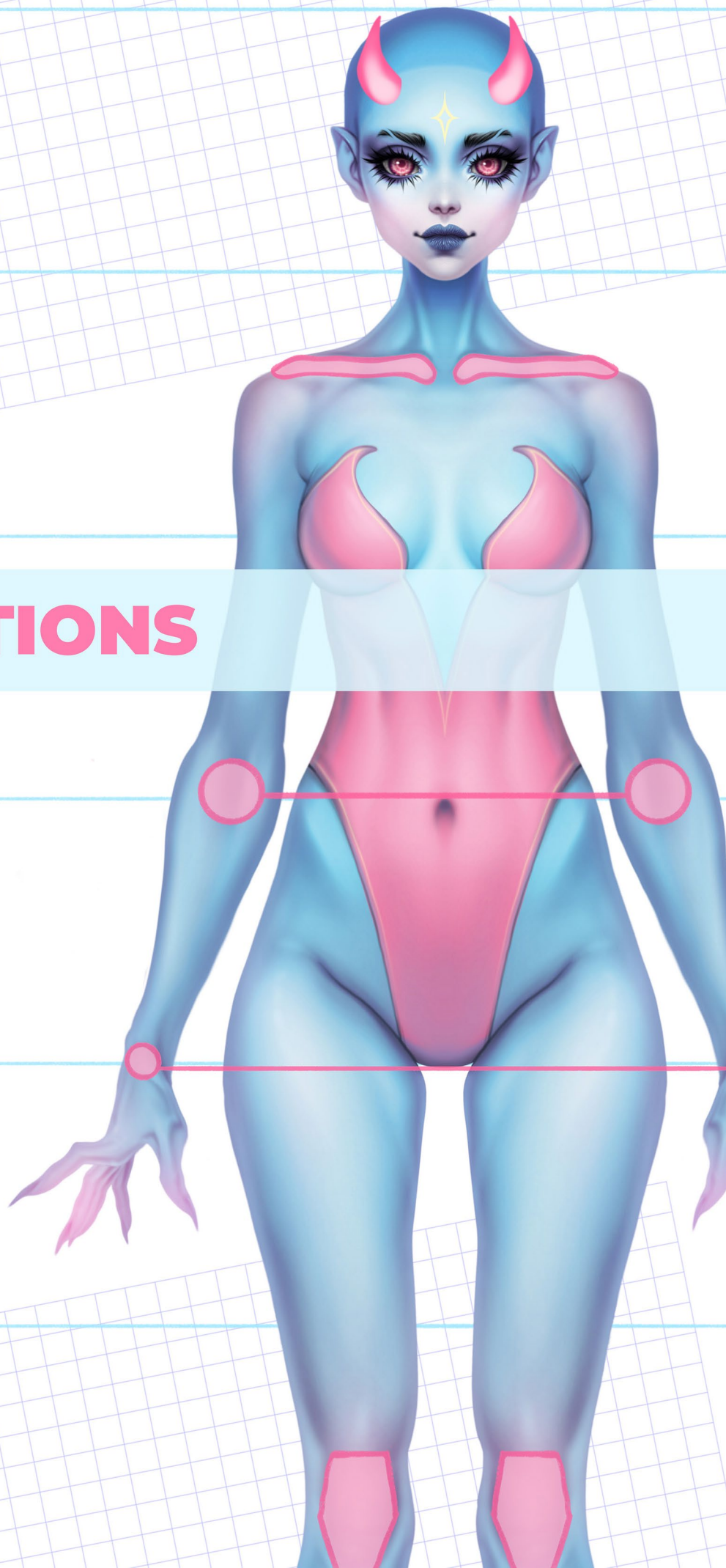








# PROPORTIONS





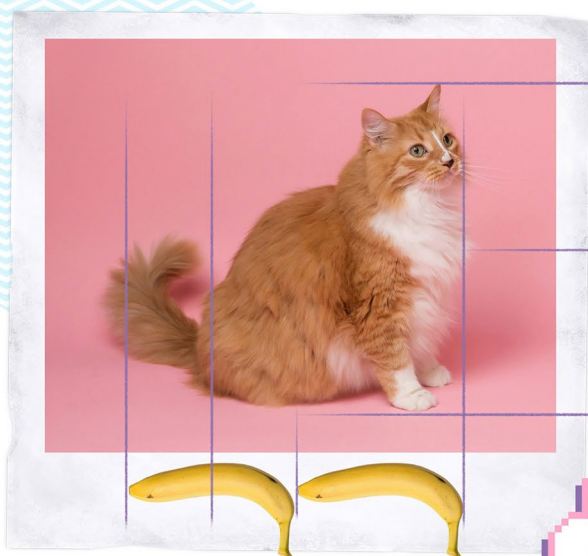
# HOW TO DRAW

## PROPORTIONS

by  
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**Proportions** tell us how **big** something is **relative** to another object.

For example, you can **use banana for scale!**



Then this cat will be  
1,5 bananas in length.

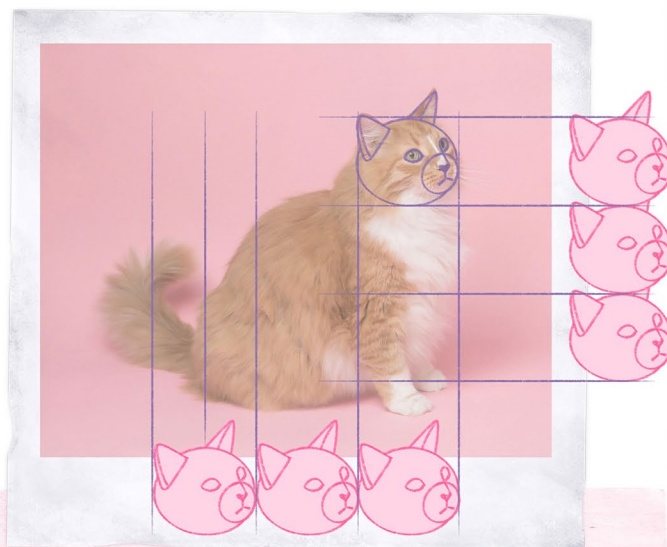
And 2 bananas in height.

But **bananas** can be different sizes,  
so it's **not** a perfect way of measuring cats.

So to measure cats' proportion  
it's better to use  
**the part of the cat** itself.

Best choice - is **head**.

Same with people.



Because in this case it won't matter  
which model of the cat you decide to draw: a big cat, like Maine Coon or just  
the usual model of cat, the **proportions will stay the same**.

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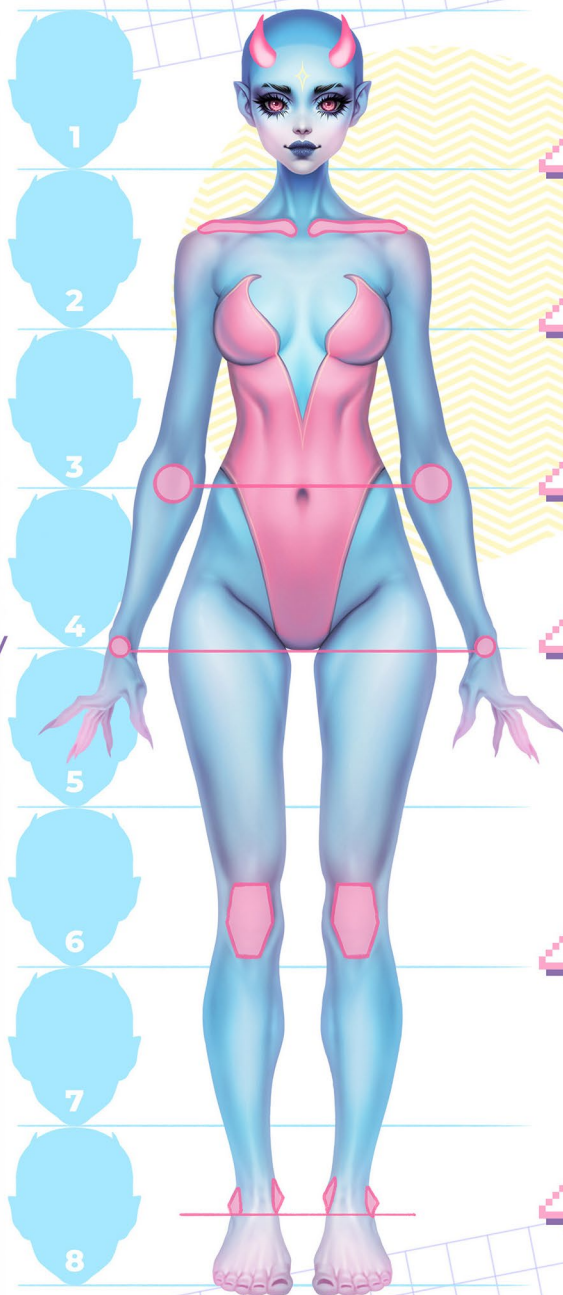
# PROPORTIONS

by  
**NASTASIA  
BERRY**



People come in different sizes and proportions, there are no super universal dimensions. But to simplify our drawing life we can make some **helpful generalisations**.

For example, here are the **proportions of the usual person**:



1 Head: Chin

2 Heads: Nipples

3 Heads: Belly button and elbows

4 Heads: Pubic bone and wrists

6 Heads: Bottom of the knees

7.5 Heads: Ankles

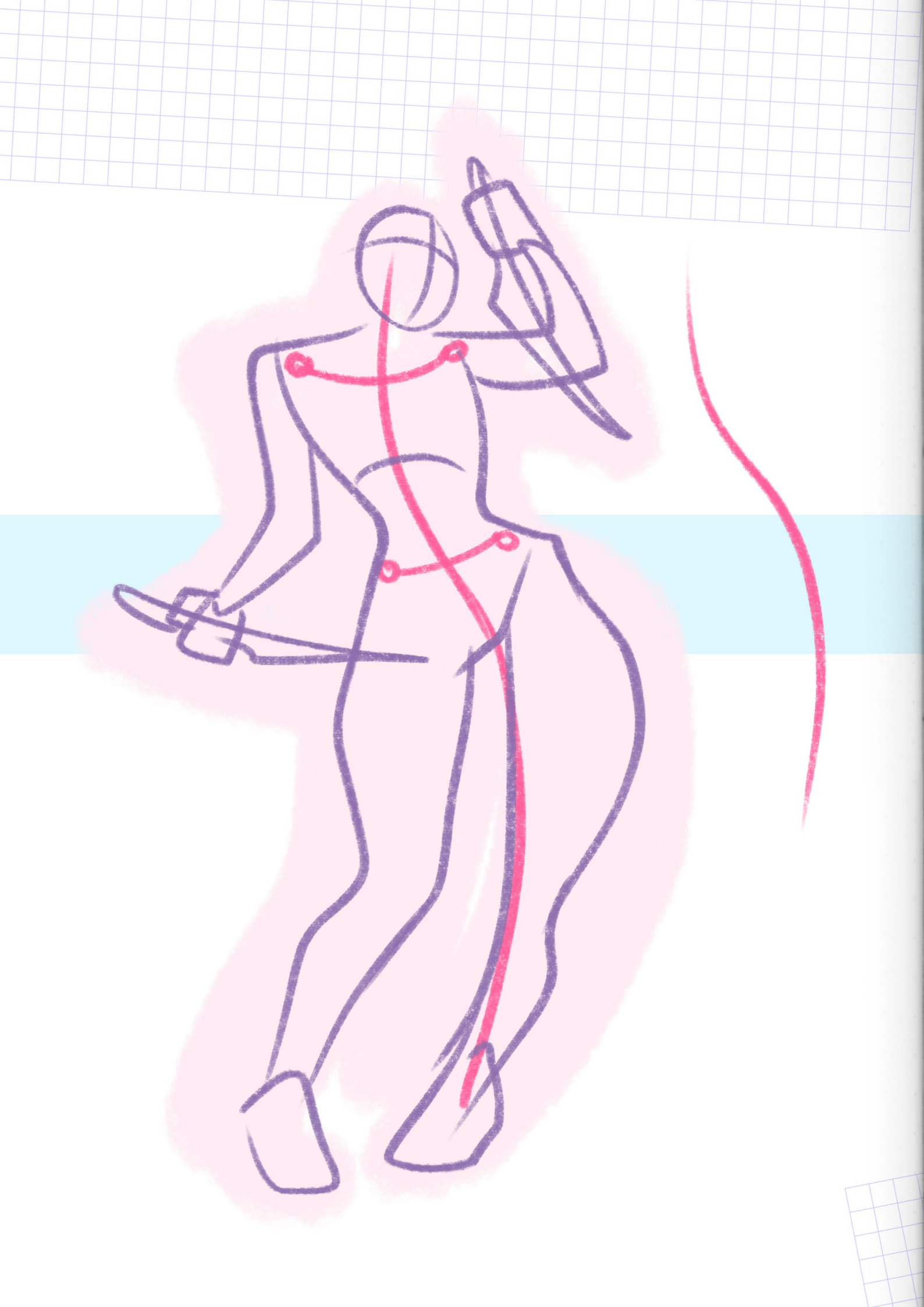


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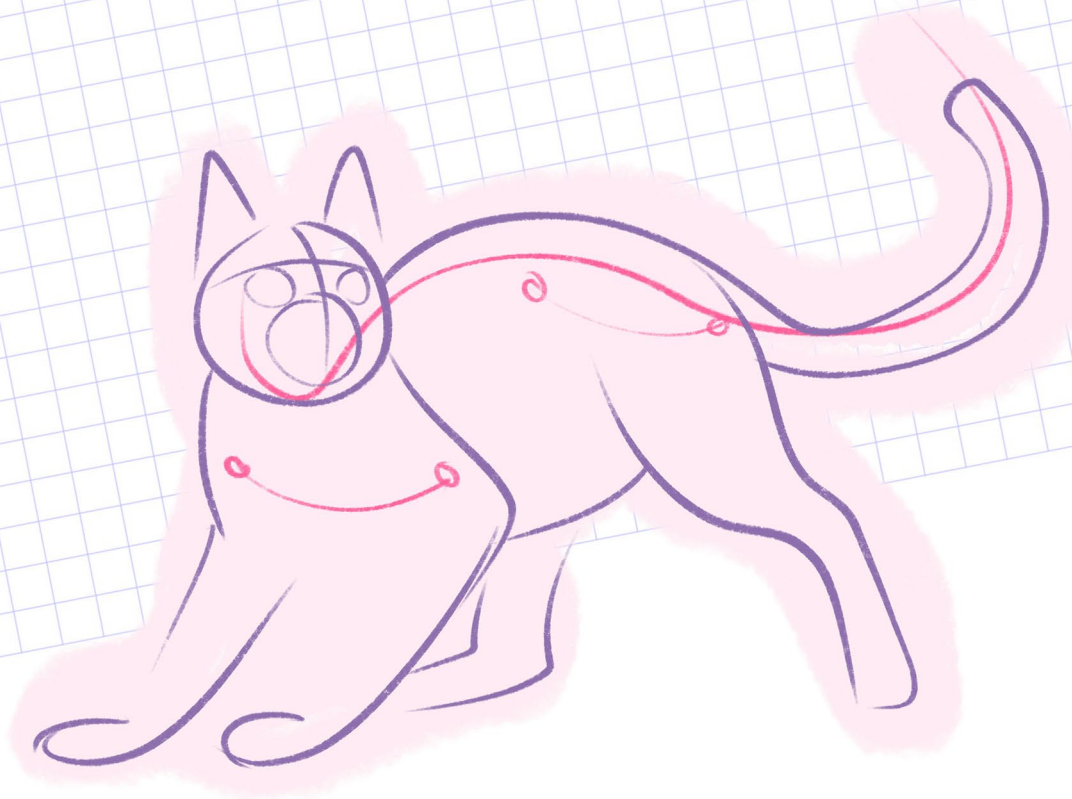
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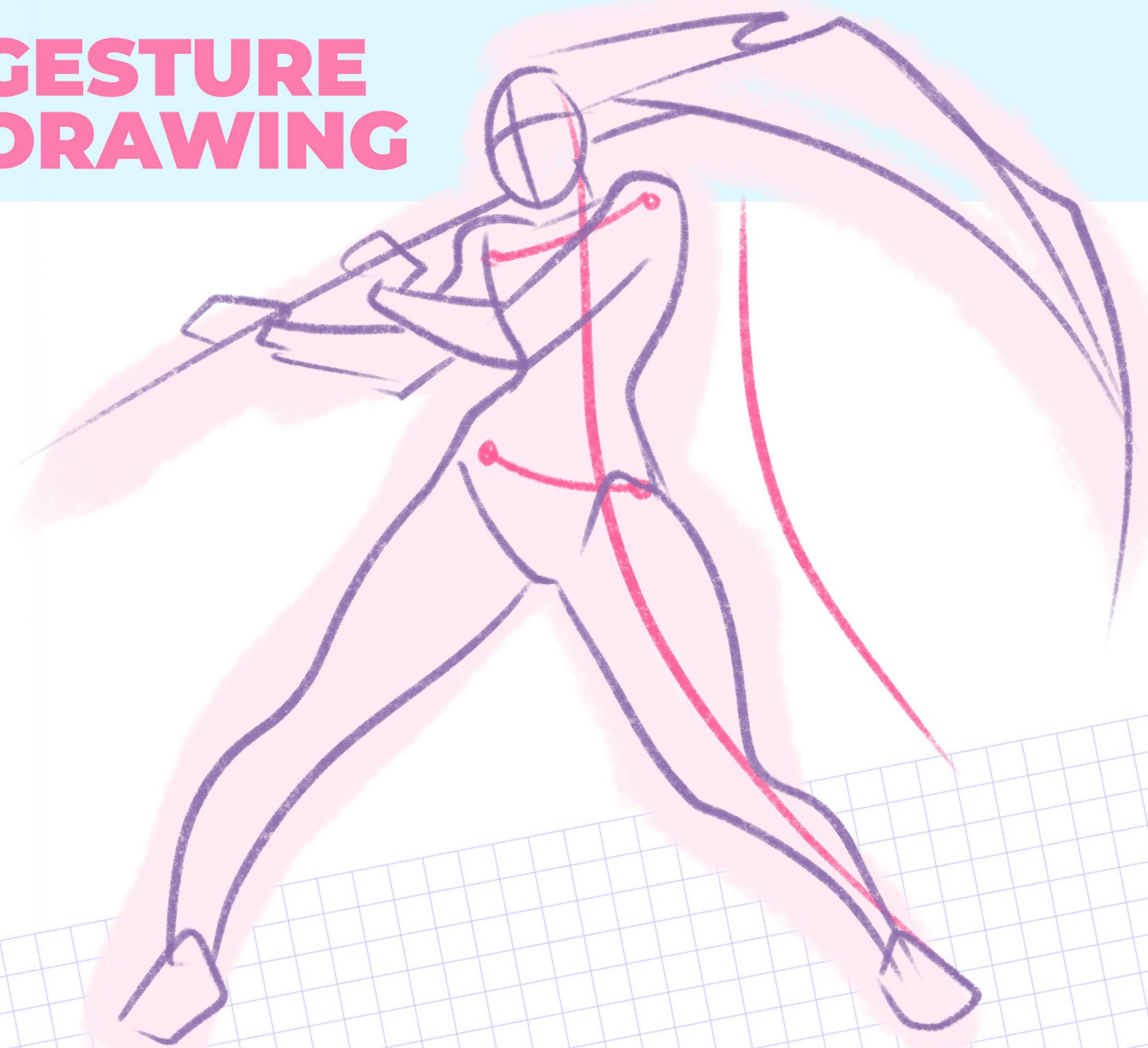








## GESTURE DRAWING





# HOW TO DRAW

## GESTURE DRAWING

by  
 NASTASIA  
BERRY

The **human body**  
is very complicated.  
**VERY.**

That's why we need to **simplify it!**  
So we use **gestures**.

**Gesture drawing** is a quick way  
of **sketching**.

### GESTURE DRAWINGS



**Gesture drawing** can be used  
to capture **any object**.



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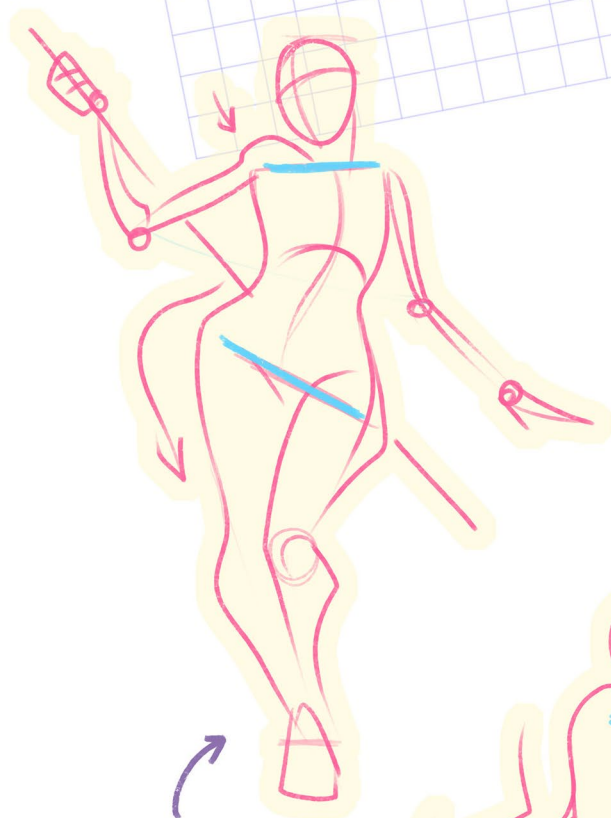
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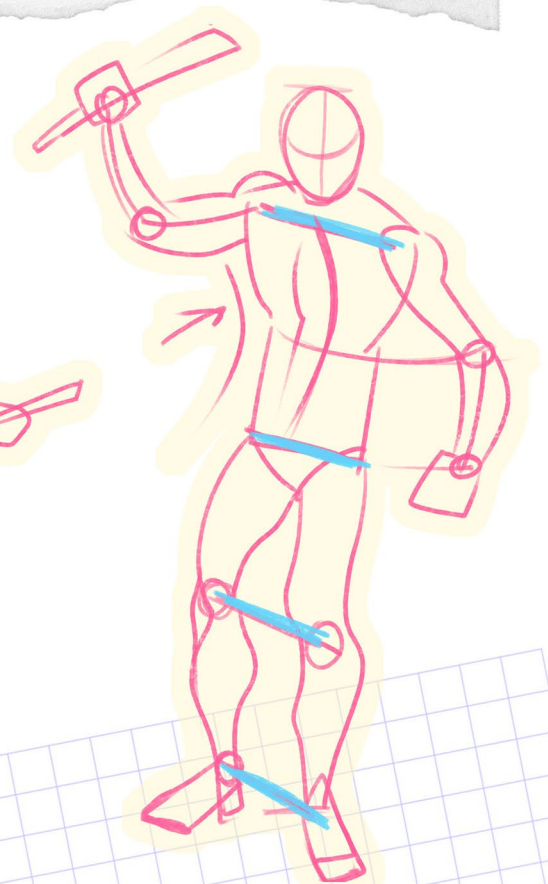
We will focus on the gestures in **drawing people**.

Gesture captures the **movement** and **energy** of a pose, without worrying about small details.

Gesture helps to quickly capture the **overall proportions** of the pose.



captures **movement** and **direction** of a pose



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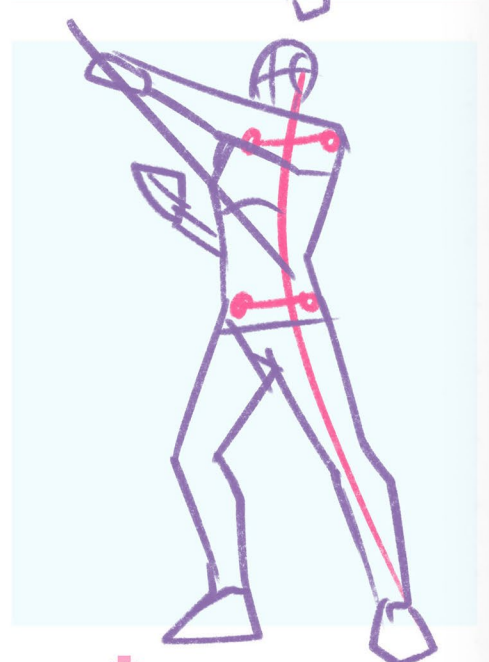
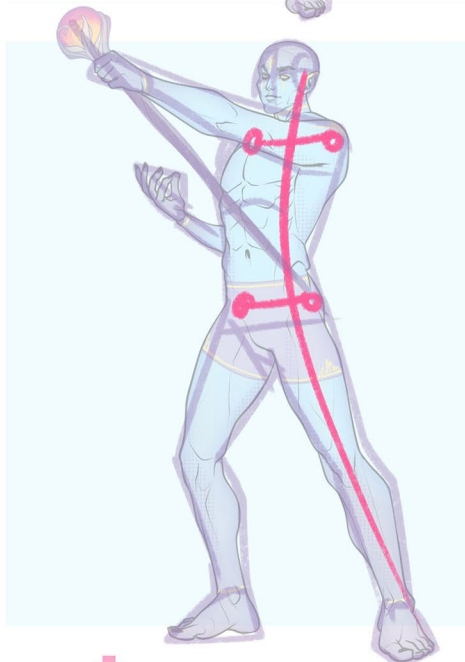
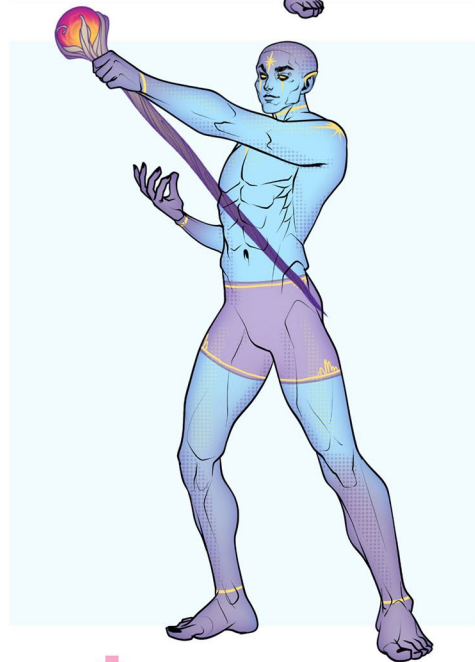
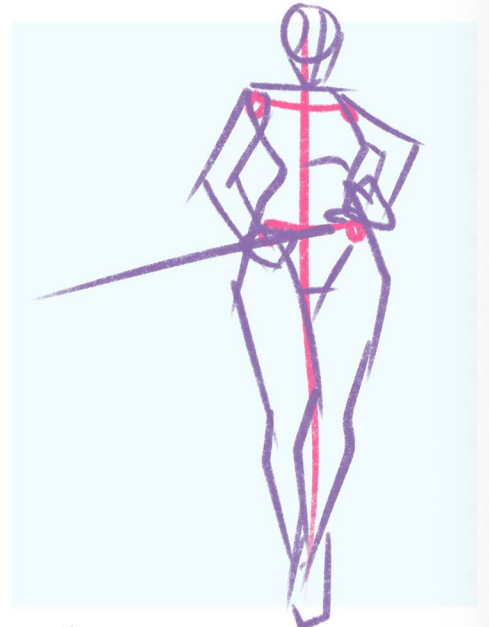
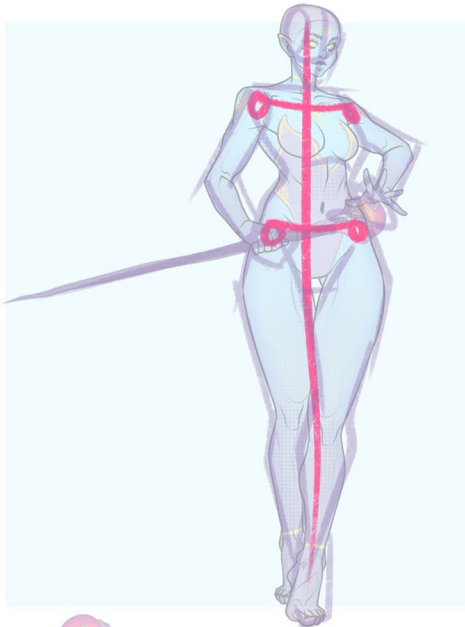
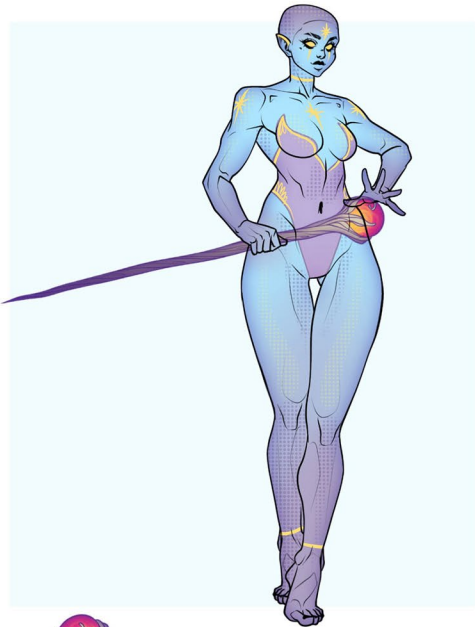




# TRAIN YOUR ART VISION

## GESTURE DRAWING

by  
*ANASTASIA  
BERRY*



1. Observe

2. Simplify with  
Gestures

3. Recreate

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THROUGH PRACTICE

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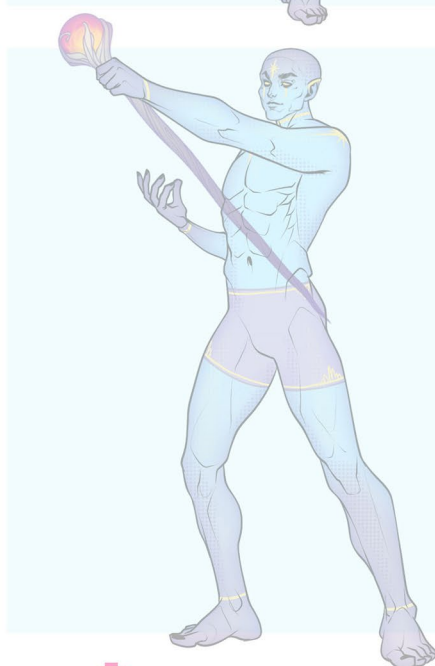
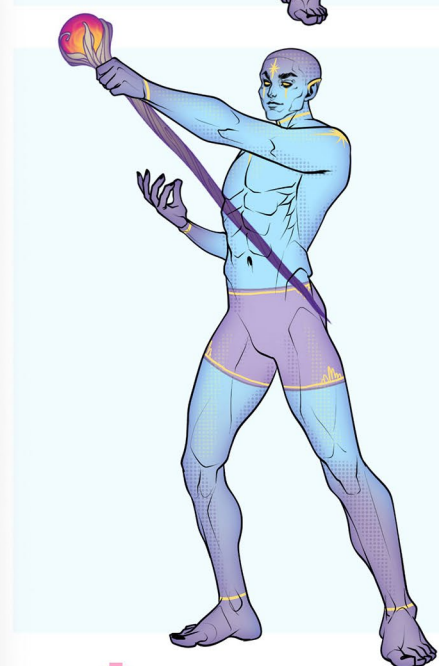
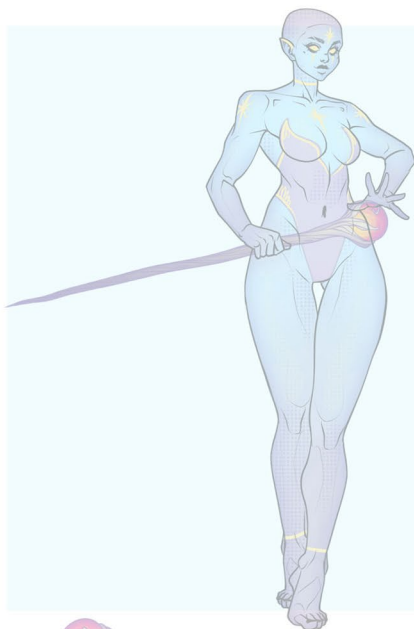
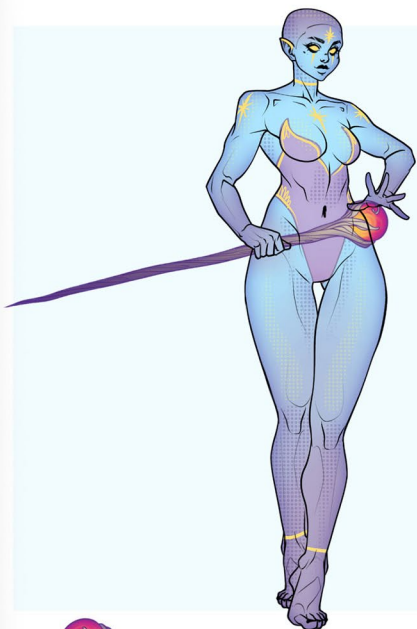




# TIME TO PRACTICE

## GESTURE DRAWING

by  
*ANASTASIA*  
BERRY



1. Observe

2. Simplify with  
Gestures

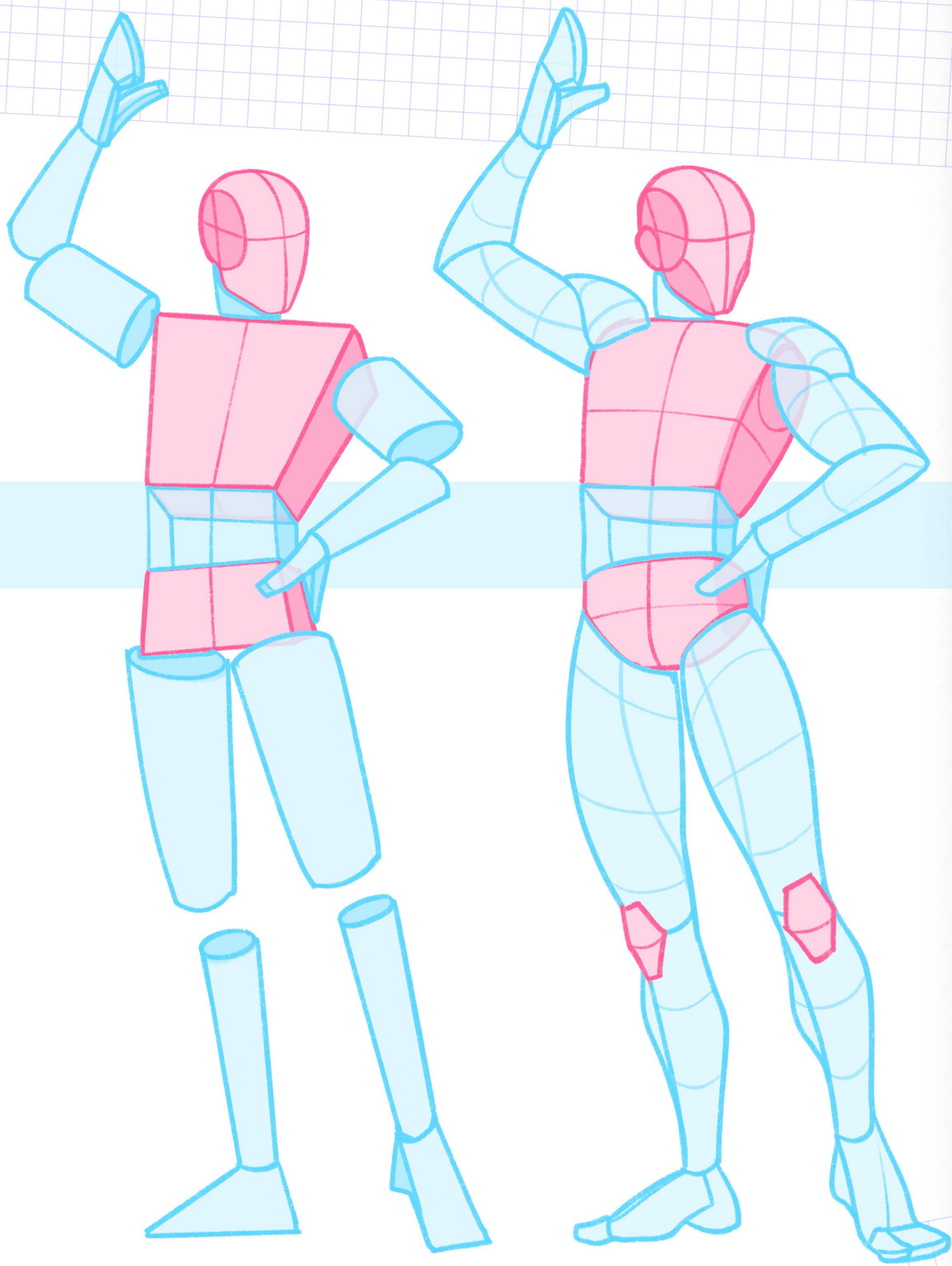
3. Recreate

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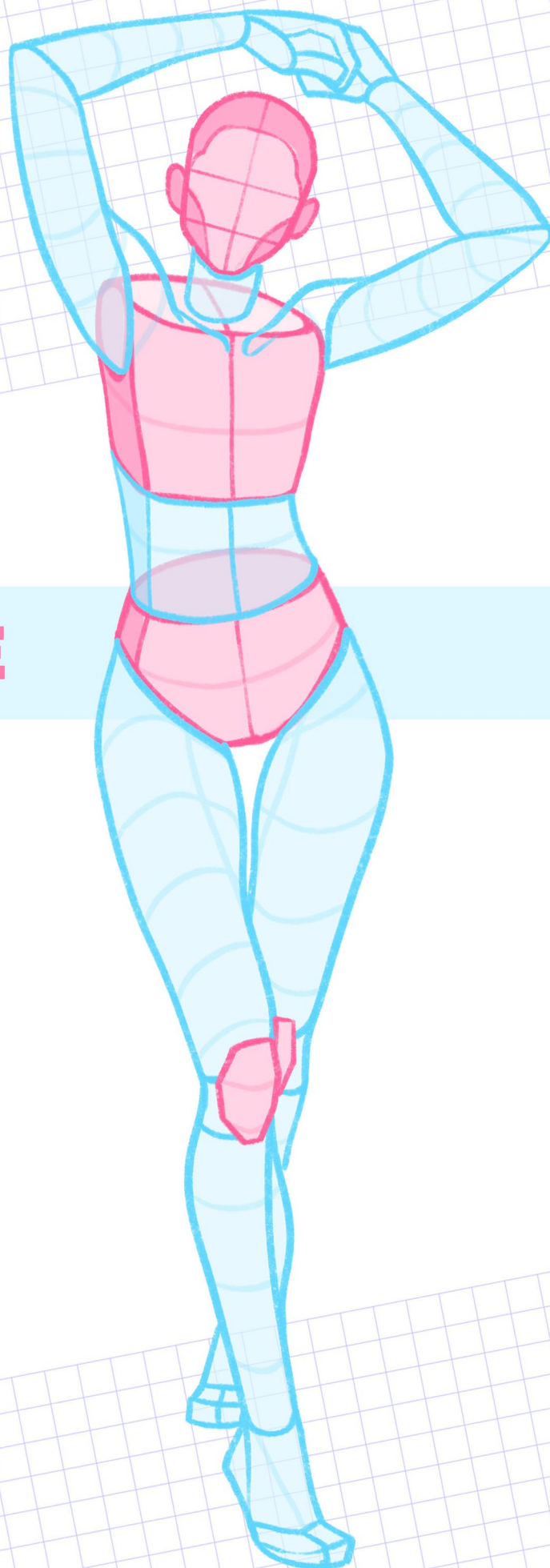








# STRUCTURE





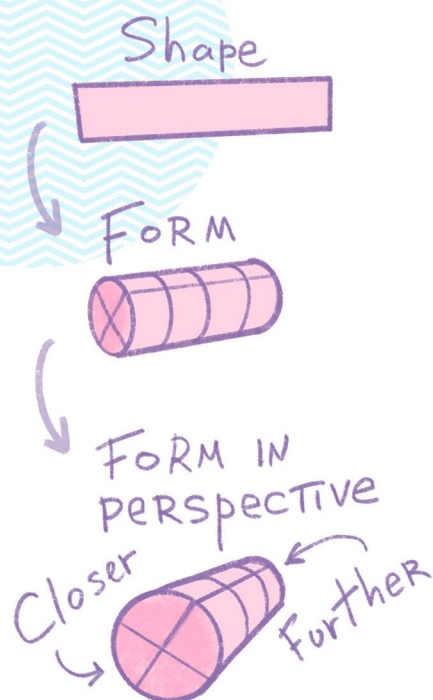
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## STRUCTURE

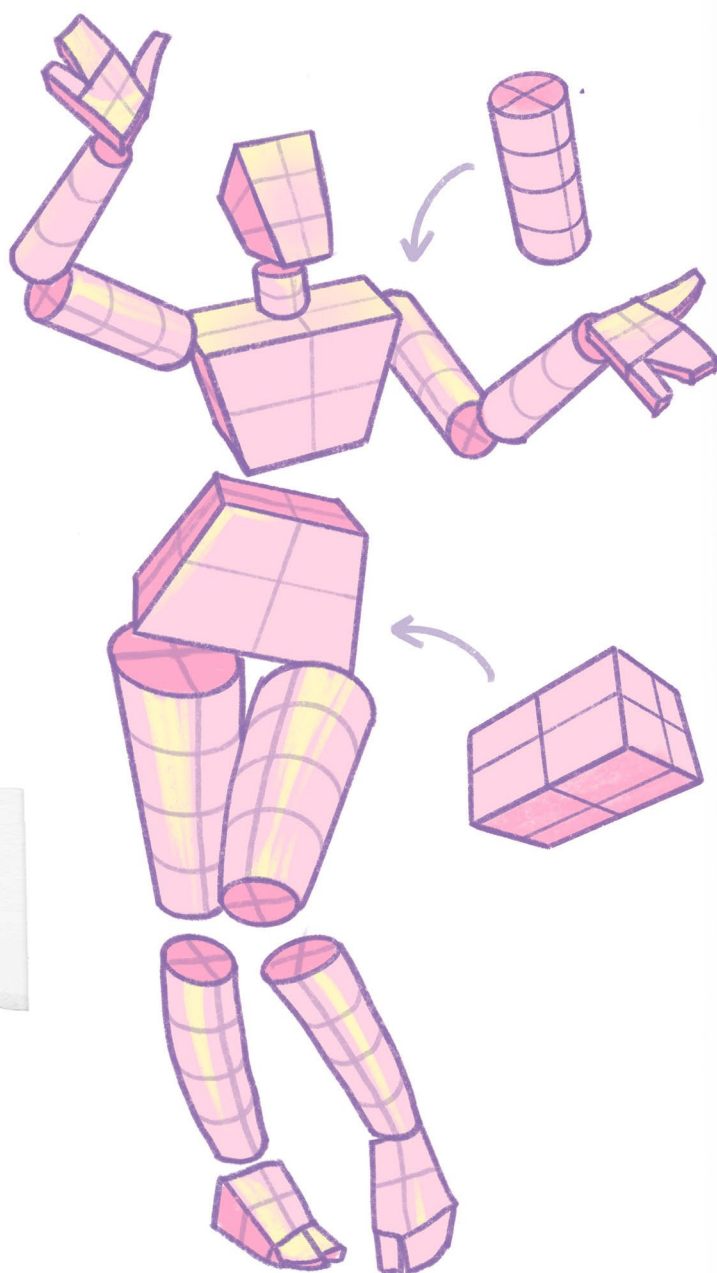
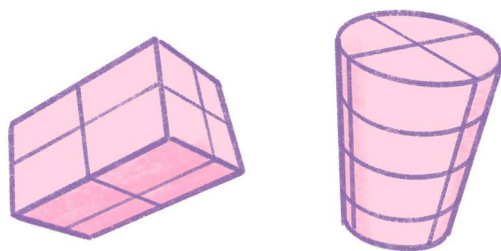
by  
ANASTASIA  
BERRY

Now, when you've defined the overall movement and rough proportions of the body, you can add **structure** to it.

Using **simple forms in perspective** you can draw the mannequin of the human.



Use **cylinders** for hands and legs.  
**Squares** for head, body and hips.



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# STRUCTURE

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You transform your **gesture drawing** into **structure**.



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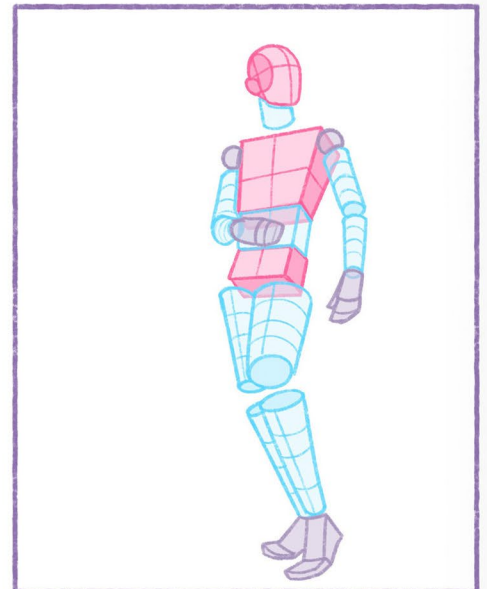
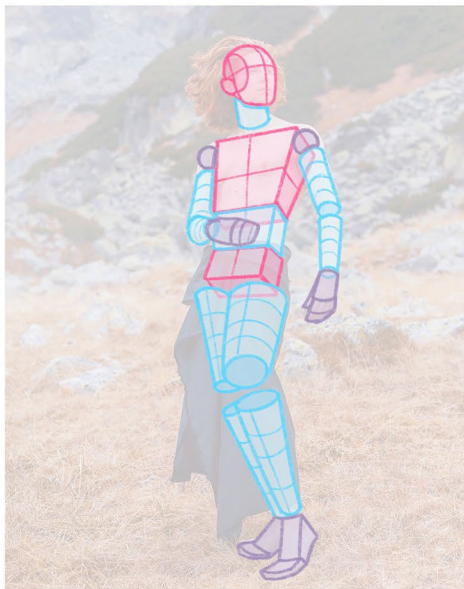




# TRAIN YOUR ART VISION

## STRUCTURE

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BERRY



1. Observe

2. Find Simple  
Forms

3. Recreate

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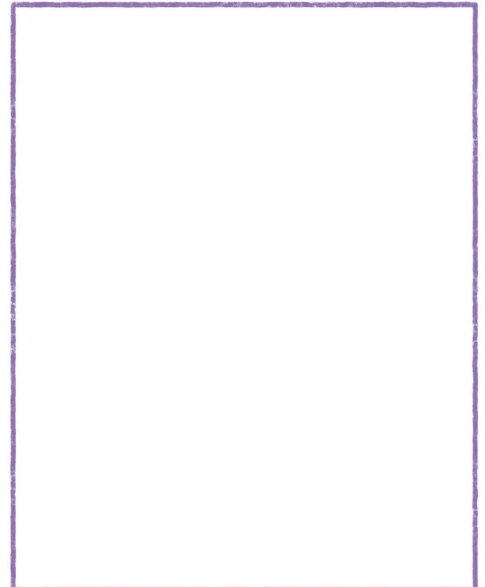
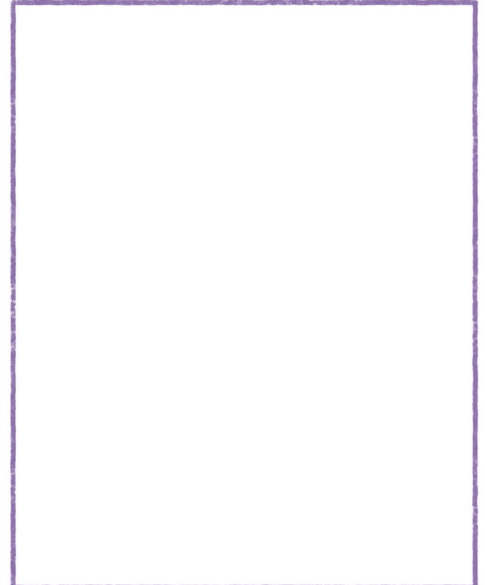




# TIME TO PRACTICE

## STRUCTURE

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1. Observe

2. Find Simple Forms

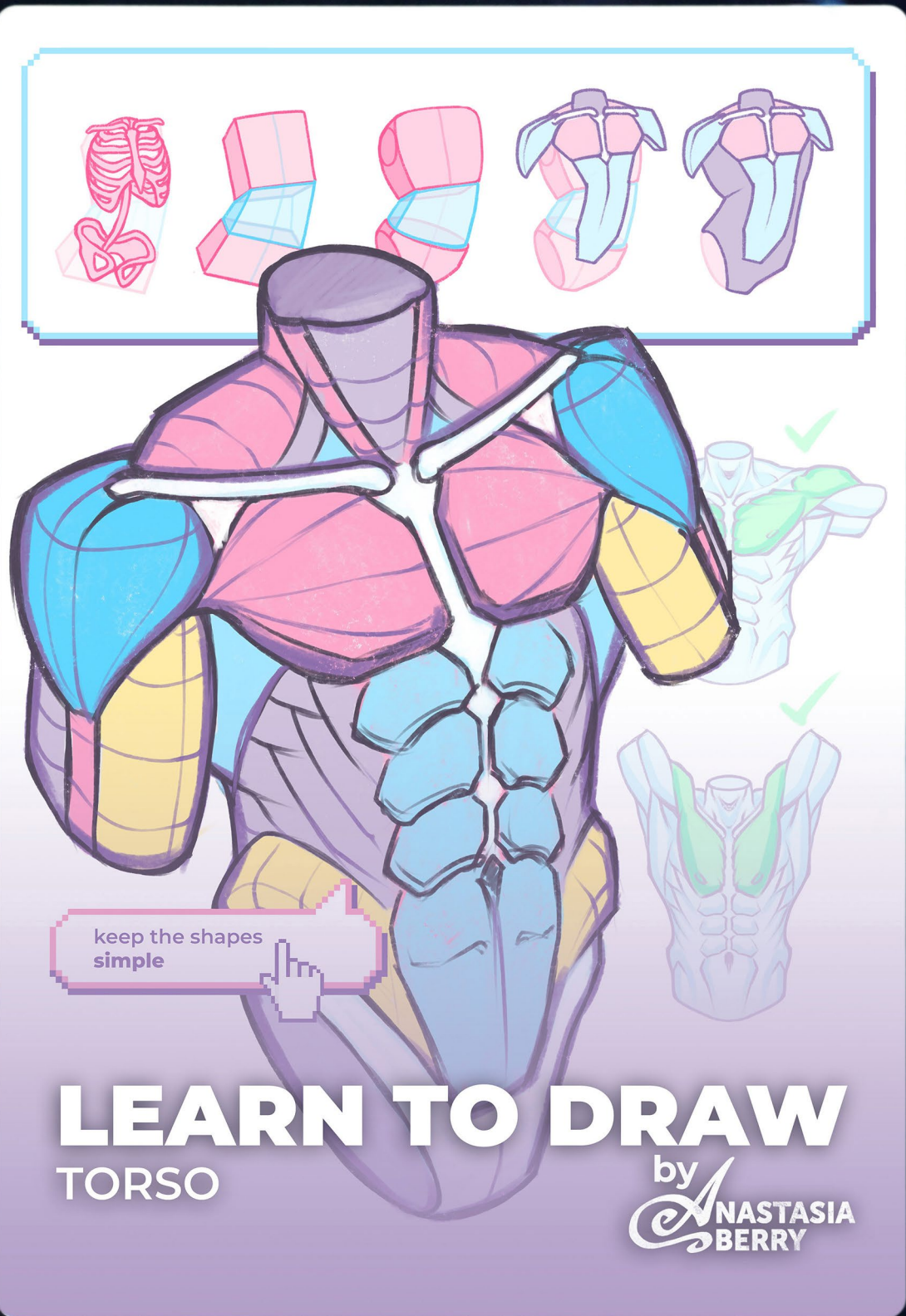
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